



TOUCHLINES

Support for English-speaking people, touched by cancer in France

**The newsletter of Cancer Support France - Association N° W1613000037
Volume 20 issue 2 - April 2024**

PRESIDENT'S MUSINGS
Submitted by Sue Smith

How wet was your winter? France has had unprecedented amounts of rain over the winter months and as I look across from my window, we seem to have acquired a new lake or two. It can only be a short time until normal service is resumed and we find ourselves, once again, with water restrictions.

I do hope that spring is bursting forth in your region and, as the days become longer and warmer, we can all profit and get ourselves out and about again and enjoy the warmth of the sun on our bodies.

As ever, our 14 Associations have been busy with their activities, book sales, coffee mornings, Drop-In days, and more. Many of them have had their AGMs, meaning a change of personnel in some cases. I would encourage you all to familiarise yourselves with the officers in your own Association. Under 1901 Law, the law under which all Associations in France are formed, each Association must have a President and a Treasurer. They may also have a Vice-President, Secretary and other officers; most of them have a sitting committee of at least six people, all of whom look after the day-to-day running of each Association. All Associations have a set of rules, 'Statutes', to which they must adhere and often their own internal regulations as well. They need insurances to cover all aspects of activities, the fundraising and Active Listener activities. They must be registered with the prefecture; there are all sorts of administrative tasks that your committees need to manage.

So let us celebrate our Association officers in this issue of Touchlines, and thank them for the work that they do to keep our Associations running. Without these volunteers, there would be no Association - no Cancer Support France. Next time you bump into your President, Treasurer or Secretary etc, give them a pat on the back and thank them.

And thank you from me and the CSF (National) team to all the officers and committee members of our Associations. You do a grand job.

PRESIDENT'S MUSINGS - cont...

Speaking of administration, it is the time of year for our own CSF National AGM. This year it will again be held in Cahors on Wednesday, 10th April. Members of the National Conseil are invited to attend and each have a vote – the members are one representative of each Association, often the President but not essentially, and the conseil meets four times each year, usually via video-conferencing. We follow the AGM with a Development meeting where we can look at our plans for the year ahead and discuss on-going projects. We look at where we have come from, what we are doing right and what we could do better. It is always a time for lively discussion, which is usually friendly I am pleased to say, and a time for us to share ideas and projects. I am very much looking forward to our next meeting.

You may be aware that one of the projects that we have been looking at over the last 12 months is our new-look website, which Ian Salvage has been project-managing and he will be reporting on this later in this issue. Ian has done great work over the last two years with us but, as many of you know, he will be standing down from his role this summer. So I would like to take this opportunity to say a huge “thank you” to Ian for all that he has achieved and wish him well for the future. Ian, you will be a tough act to follow. Thank you.



NATIONAL NEWS - Submitted by Ian Salvage, National PR

WORLD CANCER DAY - NATIONAL EVENT

World Cancer Day on 4th February each year is of course, very dear to Cancer Support France's hearts. It is a major event in the calendar and it is also run by The Union for International Cancer Control (UICC), of which we are a proud member.

This year, a number of our Associations decided to run events of different types to celebrate the day, and National was no exception. Given our National position, we felt that our contribution must occur online. In particular, we wanted to avoid clashing with local Association events.

So we ran an online quiz, with 3 main criteria for success - that people join and have fun; that we raised awareness of Cancer Support France, and that we raised money via donations for training our Active Listeners. The quiz was focussed around the letter 'C' and featured a mid-way stop for tea (or char to fit with the 'C' theme), and cake.

Although attendance was less than we had hoped, we came away with the sense that it had undoubtedly been a success. We raised around **€250** for our training pot and we know that those who attended enjoyed themselves. Can I particularly thank Penny Parkinson for the major part she played in setting up and running the event and to Sue Smith, who worked wonders with some incredibly innovative advertising on Facebook.

To whet your appetite for such future events, here is half of one round of the quiz. If you'd like to know the answers, or would like a copy of the quiz, please contact: publicrelations@cancersupportfrance.org



Characters



- Which of these was not a French king?
a) Charles the Affable b) Louis the Thin
c) Charles the Bald d) Louis the Stammerer
- In which year did James Bond first appear in a book by Ian Fleming?
a) 1950 b) 1953 c) 1956 d) 1959
- Who said 'If I were two-faced, would I be wearing this one'?
a) Groucho Marx b) Harold Wilson
c) Abraham Lincoln d) Mel Brooks
- Fill in the missing word from this Charlie Chaplin quote: 'Life is a beautiful, magnificent thing, even to a ____'
a) jellyfish b) worm c) lizard d) crocodile
- For what was Beau Brummel known?
a) food b) fashion c) revolutionary politics d) journalism

WEBSITE UPGRADE

We are currently mid-way through a major upgrade of our website. We are hoping that this will go live in the June 2024 time-frame. Our motives for taking this on were multiple: to attract more visitors to the site; to give a much more modern and friendly appearance; to make it easier for people visiting the site to interact with it, and to make the site easier for Associations to perform updates and changes, etc.

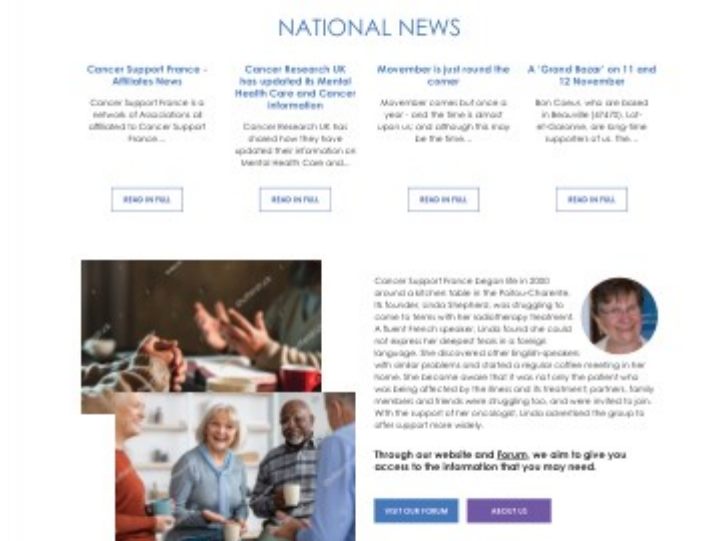
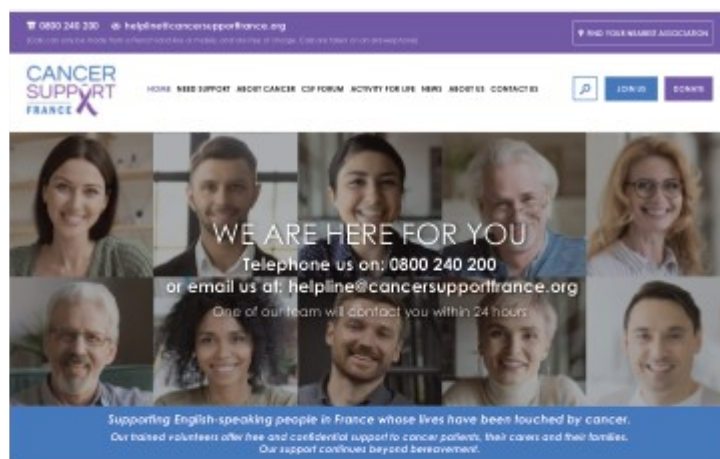
We employed a specialist website design company to assist us and have changed the software that runs the site (for those interested in the technical side, the new Content Management System will be WordPress). We have completed the Concept Design stage of the project, where we agreed its overall look and feel, and the company are now loading all of the pages and elements of the site, with the aim of it being ready for initial review in the second half of March.

Once the review and agreement is complete (probably end of April), the company will perform final testing (the testing of all the individual pages will have been completed during the build and review stages), the creation of user documentation and training of 'expert' users, before launch of the site.

The site will continue to feature all the main elements of the current one (the Document Library, the Forum, individual Association pages, and the Post Code lookup function). Just to note that our email system will not change; we will remain as we are (with IONOS) and things will look and work in exactly the same way in this one area.

The image on the right is the concept design for the National home page so that you can get an idea of the overall look and feel. Just to note that the content may not be the same as this when the site goes live - for example, the logos at the bottom of the page will be changed.

There will be regular monthly updates going forward on progress, using the National Conseil Representatives as the conduit to the local Associations. If you want to check status and have not heard anything for a while, please contact your representative in the first instance, followed by: publicrelations@cancersupportfrance.org if the representative has nothing new to report.



LOCAL ASSOCIATIONS ROUND-UP

GASCONY - Submitted by Lisa Williamson & Tony Ray

CONNECTING FOR SUPPORT - CSF GASCONY SHINES AT THE INAUGURAL *FORUM DES ASSOCIATIONS*

On 12th March 2024, Gascony attended the first-ever *Forum des Associations*, hosted by the *Soins de Support* at *IUCT Oncopole*, Toulouse. The primary objective of this event was to spotlight the array of services offered by various organisations to patients, visitors, and hospital staff. Among the approximately 20 associations in attendance, Gascony stood out as a beacon of support for the English-speaking community, affected by cancer.

Throughout the *Forum*, our dedicated team engaged with attendees, distributing informative marketing materials and engaging in meaningful conversations to shed light on the essential assistance we provide. From emotional support to practical guidance, Gascony is committed to ensuring that no one faces the challenges of cancer alone.

By participating in the *Forum des Associations*, Gascony not only raised awareness of our vital services but also reinforced our commitment to fostering a supportive community for those in need.



CSF GASCONY COMMUNITY COMES TOGETHER FOR WORLD CANCER DAY

In a heart-warming display of unity and support, Gascony recently challenged our community to participate in the first-ever 5km for €5 challenge. The concept was simple, yet powerful - gather a group of 5 friends and on World Cancer Day, which fell on 4th February 2024, engage in an activity covering 5kms, together. But the challenge didn't end there; participants were encouraged to reach out to 5 more friends and urge them to do the same, creating a ripple effect of compassion and camaraderie.

The response to this initiative was inspiring, with groups across the department of Gascony coming up with innovative ways to complete the challenge. From a group braving the chilly waters for a wild swimming session to others opting for skiing, hiking, snow-shoeing, running, and even a Pilates instructor in Singapore leading 5 clients in a reformer-based Pilates workout - the creativity and dedication of our participants knew no bounds. The spirit of the challenge extended far beyond our local borders, with friends in Spain, the USA, and Singapore also joining in, showcasing the global reach of our community's kindness.

The impact of this challenge went beyond just physical activity; it also led to a substantial fundraising effort, with nearly €750 being raised through the event. Half of this amount will be donated to Cancer Support France (National), supporting their invaluable work on a larger scale, while the remaining funds will be allocated towards Gascony's training costs to ensure that we are fully equipped to provide essential support to our local community when needed.

As an organisation, we are immensely grateful and proud of the overwhelming response from our members. The success of this year's challenge has set a strong foundation for future endeavours and we eagerly anticipate the next edition of this event, with hopes of even greater participation and impact. As a community, we have shown that by coming together and supporting one another, we can make a meaningful difference in providing vital assistance to those in need.



BEING THE NEWBIE AND WORLD CANCER DAY REPORT

Hello to all. It seems strange to be writing my first report for Touchlines as President of the Haute-Vienne Association. It has certainly been a steep learning curve for me since January but I am enjoying the challenge even though I seem to think about something that I need to do or to discuss with someone about Cancer Support France most days. Note pads are good for this!

We, as an Association, have had a very good start to the new year. We have received some generous fundraised amounts in the first two months of this year and I have been very humbled by the wonderful people that want to fundraise for us by holding events. I have attended three such events in the last few weeks, one of which you will read about later, and it has been incredibly moving to meet all our supporters and talk to them and especially thank them for what they do. I think it is very important that I, or someone from our Association, attends fundraisers organised by our friends in the community.

As you will remember, Sunday 4th February this year was World Cancer Day. Our Association wanted to create awareness about all of the work that Haute-Vienne as well as all our Associations, around the country.

In the Haute-Vienne we organised two fundraising events, one in the north of our area and the other right at the other end of our area, in the south, near Brive, in the Corrèze. They were both very successful and we raised an impressive amount of money. What was more impressive, however, was the generosity of the people that attended our events and donated their money, and the volunteers and others who supported what we were doing.

At our first event, in the north of the Haute-Vienne on 3rd February, we hosted a fundraising lunch at *Chloébelle's* Cakes & Bistro restaurant in Oradour-Saint-Genest. Those who attended gave generously by paying for their meal, buying raffle tickets, donating raffle prizes freely, and giving unsolicited donations. The staff at *Chloébelle's* worked for free to serve us on the day and mine hosts, Dee and Stef, donated a generous €50 because we were all good boys and girls and kept the same cutlery for the starters and main courses. The restaurant had been beautifully set out with napkins in our colours of blue and purple and flowers were placed on the tables.

Our volunteers for Haute-Vienne also worked tirelessly to make sure that everything worked like clockwork. It was perfect. We raised a magnificent sum of money. Also it is very humbling that in a time of financial pressures worldwide, people gave so much to help others. Thank you to our Active Listeners who attended the lunch, Sue, Liz, Karen, Sharron, Barbara and Michele who helped organise the raffles and prepared the tables with personalised cards.

On the following day, 4th February, in the south of our area, close to Brive, two of our Active Listeners, Karen and Shirley, organised a fundraising lunch at Shirley's house and gardens. Being a little further south they had beautiful sunny weather, perfect for an outdoor lunch. It was an unqualified success and over 50 people attended to enjoy a home cooked lunch, listen to an invited choir and leave money '*au chapeau*'. Karen and Shirley were well-supported by a team of enthusiastic volunteers to help them on the day. The choir sang and Shirley and Karen gave a talk about the work and aims of Haute-Vienne, both in the Haute-Vienne and about our sister Associations around us as well as the work that Cancer Support France carries out at a National level. They raised another enormous amount.

I want to take this opportunity again to thank all those people who so kindly attended and supported these two events. Thank you from the bottom of our hearts for your support and generosity.

Lastly, and most importantly, I want to thank all members of our team in the Haute-Vienne for their support over the last few months. Thank you team, I couldn't have done it without you

WORLD CANCER DAY EVENT AND AGM/MEMBERS MEETING

Tuesday 6th February 2024. In celebration of World Cancer Day, Languedoc held an awareness-raising event at the *Salle des Fêtes* at Margon, Hérault in conjunction with their AGM and Members' Meeting.

The themes chosen were specifically based on the prevention and screening of frequently found cancers, such as prostate and uterine cancers. Over 60 people visited during the morning, with Active Listeners available to give additional information and answer any questions.

In an attempt to inform men of the importance of regular screening to facilitate the early detection of prostate cancer, a men's group organised an information stand using posters and video films from the 'One for the Boys' campaign. (As the internet connection was poor on the day, as promised, the video links are on the next page).

The men's stand attracted much interest and also distributed a card with a checklist to enable men to self-monitor for symptoms.

On another stand, the importance of the vaccination against HPV (human papillomavirus) to prevent cervical and uterine cancers was explained, showing how a recent study found that cervical cancer rates were reduced by almost **90%** in women in their 20s who had been offered the vaccine when aged 12-13 years. The vaccination is important for both boys and girls as various types of cancer found in both sexes can be carried by HPV viruses.

Cancer isn't all pink ribbons: it's a MAN's problem too

ONE FOR THE BOYS

"I'll worry about Cancer when I'm older"
"I'm too busy to go to the doctor"
"I can tough it out"

Sound familiar? It's easy to put off getting a problem checked until it's too late. Cancer doesn't discriminate: male, female, young, old, rich or poor - it can hit whoever, whenever - but it's important to remember cancer is much more common in older people. Most Cancers are more treatable if caught early enough, so if you spot something unexplained or unusual happening for you, there's no time to hang about.

One For The Boys is here to change male attitudes towards their health, by arming you with the facts, the risks, and the tools you need to keep your body running in top shape. So it's time to man up, get involved, and together we can wipe out cancer once and for all.

UNITE
www.OneForTheBoys.com
@SaySomething
@One4theBoys
Registered Charity 108334

Four subjects you'll hear talked about at the pub,

"SEX"
"FOOTBALL"
"CARS"
"CANCER"
"POLITICS"

and ONE you won't.

Did you know 181,000 men are diagnosed with cancer in the UK each year? That's 176 times as many goals scored in the Premier League last season!

More women get cancer than men, but more men die from it. It's not too late for us to make a change and start taking better care of our bodies.

It's easy to brush off niggly little health problems, thinking they'll sort themselves out, or that you need to suck it up and 'be a man'. But you know what's really manly? Taking care of business when you need to. That includes your health.

A MAN'S EVERY 5 MINUTES, SOMEONE DIES FROM CANCER IN THE UK

CANCER SURVIVAL RATES HAVE DOUBLED IN THE LAST 40 YEARS

50% OF CANCER DEATHS COULD BE AVOIDED IF WE TOOK BETTER CARE OF OUR BODIES

This stand also included information on the use of colorectal cancer tests available in France, which if used regularly, greatly help to detect colorectal cancers at an early stage when treatment is more effective. An example of the test was translated into English with instructions about how to obtain a free test from the Ameli health insurance website.

The importance of healthy eating in the prevention of cancers was emphasised and this was put into immediate practice with a delicious vegetable-based lunch prepared by *Ken and Alison's Catering*, and served for the 48 people who attended.



LANGUEDOC - cont...

A quiz was devised by Karen Powell with answers available by reading the documents on the various information stands. This proved to be very popular and participants studiously examined all the information as they went round the stands, with prizes for the winners.

The AGM was held after lunch and the existing bureau was re-elected (President: Kate Le Mestre, Treasurer: Maggie Dobson and Secretary: Jen Glayzer). A summary of the 2023 activity report was presented along with the financial report. The president thanked all the Active Listeners and active volunteers plus the many friends and members who have contributed to such a successful event following a busy year of client support, awareness-raising and fundraising events.

Comments and suggestions for future events were invited during the Members' meeting which followed the AGM. By common request, another lunch will be organised at the next Members' meeting in June where it was suggested that we focus on the issues of accessing medical and social care in France. Video links:

Bowel Cancer Screening kit video (informative and humorous):

<https://www.youtube.com/watch?v=X2x6JdMtFm0>

One for the Boys video: The Difference (a gut-wrencher):

https://www.youtube.com/watch?v=4o_6wBBHrJE

One for the Boys video: The Silent Interview (challenging men to talk):

<https://www.youtube.com/watch?v=rMfyjTV5zbk>

One for the Boys: Love the Glove (the funny one):

<https://www.youtube.com/watch?v=USYYpowhxdY>

OUEST AQUITAINE - Submitted by Sue Smith, President

Ouest Aquitaine held their AGM on Sunday 17th March. It was well attended with 15 members present and 12 apologies. We revisited the events of 2023 and looked forward to activities in 2024, having had a short break over the winter. The committee was voted in with Sue, Madeleine, Jonathan and Sarah remaining in post, and we welcomed Gail as our new Trainer.

We are delighted to welcome a new Active Listener, Julia, who has just completed the Initial Training Course (ITC) and will be a valuable new member of our small, but perfectly formed team.

We are planning a coffee morning where we will invite all volunteers to join us for a discussion on fundraising for 2024 and how we can extend our membership, which is currently mostly in the southern half of Charente Maritime. Please watch out on our social media for information on this, and all subsequent events:

<https://www.facebook.com/CSFOuestAquitaine>

SUD de FRANCE - Submitted by Sue Ackloo, Project Lead - Communications & Publicity

The start of 2024 has been very busy in CSF Sud de France. We held our AGM at the end of January, which was in a new venue, and was well received. In addition to the updates from the President and the Treasurer, we enjoyed an entertaining talk from Suzanne Richardson-Coward, a holistic health fitness instructor, who spoke to us about wellbeing, and then led us in a very entertaining rendition of the song YMCA. We then sat down for an enjoyable lunch and the chance to catch up with friends old and new. We said "*au revoir*" to Penny Parkinson, who stood down as our Secretary.

In January we also held a Healthy Eating Workshop, which followed a trial run last year. It was booked up very quickly, and 9 participants were fully occupied preparing a healthy lunch, which they then sat down and ate together.

In February for World Cancer Day we held a Cold Water Knees-Up. The intrepid participants could touch a toe in the water or go in all the way. Thankfully the weather was kind, but the water was cold. In spite of it being February, there were quite a lot of brave, or mad, participants. *La Ligue contre le cancer* were present

SUD de FRANCE - cont...

with us and it was good to see the event attended by French people too. Refreshments afterwards were very welcome.

We are very busy with our regular monthly events across the Association in our very large geographic area. In addition, we are planning walks, a plant and produce sale, an Open Meeting and much more in the near future.



Sud de France AGM and Penny Parkinson's presentation



Healthy Eating Workshop



Cold Water Knees-up

It's almost a year since I have contributed to the magazine on behalf of Vienne and Deux-Sèvres. Sadly, we have received the resignations of two long-serving members from the Deux-Sèvres; their commitment and experience is missed. A huge thank you to Denise Langford and Vinny Galloway for their dedicated service.

I am pleased to mention that our priority to recruit is beginning to take root. My diary has three dates pencilled in over the next month to meet people who have presented themselves for volunteering as language support and Active Listeners.

As we now work across the two departments, our bureau meetings are held at the *La Ligue contre le cancer* offices in Poitiers. It has proven to be a most convenient meeting point for us all. To show our thanks, we offer a donation to their funds from our Association. To bring both organisations to a wider audience, we helped at my local *October Rose* event and this year. The money raised was much greater than any previous year. Our jobs were to bake cakes and provide music in the main square where the walk started and ended.



October Rose: Fran fending off frostbite. Some of our volunteers selling cake and soup
Now which one is the mayor of L'Isle Jourdain 86 and who is the President of Vienne and Deux-Sèvres?
The clue is: I enjoyed the unexpected pink powder shower after I had finished the walk!

Fast forward to January of this year when Jacquie and Fran Kelly organised a *Burns Night* in the Vienne to raise funds for our Association. It was a wonderful evening with haggis for both vegetarians and meat eaters, and plenty of traditional dancing to live music. A huge thank you to the Kellys and their friends who raised **€360**.



Burns Night:

The solemn ceremony of piping in the haggis with Fran and Callum and the caller having problems with those who didn't quite get the steps at the right time!

My team thought that it would be good to have some uniformity with our 'Thank You' cards. I'm grateful to my daughter for coming up with a design using the new National logo and for organising the printing and delivery.



TRAINING - Submitted by Carol Quinlan - National Training Liaison Officer

Ten volunteers from five CSF Associations recently attended a National Initial Training Course (ITC) for volunteers who wish to become Active Listeners. The ITC was held in Bordeaux over two days in February and a final day in March.

All volunteers bring diverse life experiences with them; training enables them to acquire and develop the skills essential when providing confidential and appropriate support for clients within their Associations.

Without exception, every one of the trainees contributed to the success of this ITC, working hard, and demonstrating appropriate skills while gaining in self-confidence over the three days.

The course also provided an opportunity for a trainer from Ouest Aquitaine to participate in delivering an ITC for the first time, increasing the number of trainers who have ITC experience within CSF.

Sue Smith, CSF (National) President joined the course for the final hour on day three and welcomed all ten Active Listeners to the wider Cancer Support France family!



MODERNISING THE TOUCHLINES LOOK - Submitted by Margaret York, Editor

Since May 2011 I have, with the exception of a short break, been compiling/editing this quarterly National newsletter. I took over from the original Editor, Andy Shepherd who was my guide and mentor for my first proper outing putting something like this together. Much of what Andy taught me is still in use today.

It's been a bit like teaching an old dog new tricks and I can't say this will be the final look, so, pending feedback, please bear with me should I need to improve the overall look further.

Below are the handover pieces from that May 2011 issue; **Thank you**
Andy's last, and my first... Editor

Hail and Farewell

I am pleased to be able to welcome Margaret York (Dordogne Est & Lot) as the new Editor of *Touchlines*. Following my last (despairing?) appeal for a successor, Margaret kindly volunteered to take on this responsibility.

This is my chance to express my thanks to all those who have supported me over the past several years. I am sure that Margaret will receive the same assistance, and that this publication will go from strength to strength under her supervision.

Andy Shepherd

Thank you Andy for your introduction and accepting my offer to take on the Editorship of this essential publication for all CSF Associations and other readers. I hope I will be able to continue what you have looked after so well for so long.

It's not my intention to make any changes but I'm sure that over time, changes will eventually be made and I welcome input from everyone.

I would like to take this opportunity to thank you Andy for all the hard work you have undertaken to produce and improve *Touchlines* over the years.

Margaret York
Dordogne Est & Lot

Cancer Support France are proud to be in partnership, affiliated to or supported by the following associations and groups: -



SPRINT France



www.prostatecanceruk.org



www.be.macmillan.org.uk



www.breastcancersupport.org.uk



www.thebraintumourcharity.org



www.bowelcanceruk.org.uk



www.cancerresearchuk.org



www.pancreaticcancer.org.uk



www.targetovariancancer.org.uk



www.bloodcancer.org.uk

If you have been affected by any of the issues raised in this newsletter, please don't hesitate to contact your regional CSF branch. All telephone numbers and email addresses can be found on the back page of TOUCHLINES. Ed.

USEFUL INFORMATION

Association Siège Social

Espace Clément-Marot
Cancer Support France, Box 25
Place Bessières, 46000 Cahors

National HELPLINE

Telephone: 0800 240 200 (FREE from a landline)

(Your call is taken on an answerphone and is free from a landline - there is a short message in English - we will reply to you as soon as possible and normally within 24 hours)

Useful Contacts

President: Sue Smith

president@cancersupportfrance.org

Secretary: Karen Blewett

secretary@cancersupportfrance.org

Treasurer: Jean Winter

treasurer@cancersupportfrance.org

email: helpline@cancersupportfrance.org

CSF FORUM - Visit the CSF website and take a look at the FORUM, packed full of information and interesting conversations - maybe even meet new friends...

LOCAL ASSOCIATIONS

Alpes-Maritimes (06; 83)	Brian Woolf	National Helpline	0800 240 200	cancersupport06@gmail.com
Charente Plus (16)	Marilyn Chaffe	National Helpline	0800 240 200	helpline@cancersupportfrance.org
Dordogne Nord Plus (16; 24)	Suzie Albone	National Helpline Mobile Helpline	0800 240 200 06.43.67.86.11	csfdordognenordplus@cancersupportfrance.org
Dordogne Sud (24; 33)	Charlotte Halsby	Local Helpline	05.53.57.43.30	dordsud-pres@cancersupportfrance.org
Gascony (31; 32; 64; 65)	Tony Ray	Local Helpline Mobile Helpline	05.62.31.63.40 06.27.69.62.28	gascony-contact@cancersupportfrance.org
Haute-Vienne (87; 23; 19; 36)	Andrew Swift	National Helpline	0800 240 200	helpline@cshautevienne.org
Languedoc (12; 34)	Kate le Mestre	Local Helpline	04.67.44.87.06	president.csflanguedoc@gmail.com
Lot (46)	Patricia Hoffman	Local Helpline	06.35.90.03.41	lot-president@cancersupportfrance.org
Nord (14; 22; 27; 29; 37; 44; 49; 50; 53; 56; 61; 76; 85)	Jean Winter	National Helpline	0800 240 200	nord-president@cancersupportfrance.org
Ouest Aquitaine (17; 33)	Sue Smith	National Helpline	0800 240 200	helpline@cancersupportfrance.org oa-enquiries@cancersupportfrance.org
Paris & Île-de-France (75; 77; 78; 91; 92; 93; 94; 95)	Guy Rodwell	National Helpline	0800 240 200	paris-idfpresident@cancersupportfrance.org helpline@cancersupportfrance.org
Provence Gard (13; 30; 84)	Richard Peirce	National Helpline	0800 240 200	csfprovencegard@gmail.com
Sud de France (09; 11; 66; 81; 82)	Jane Beck	National Helpline	0800 240 200	sud-president@cancersupportfrance.org helpline@cancersupportfrance.org
Vienne & Deux-Sèvres (79; 86)	Phil Buckle	National Helpline	0800 240 200	vienn-president@cancersupportfrance.org

Touchlines

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Items for inclusion should be sent to the Editor: Margaret York - email:

touchlines@cancersupportfrance.org

Please send photographs as separate JPG files - NOT embedded in your editorial. Thank you.